OPNAV INSTRUCTION 1500.22E

From: Chief of Naval Operations

To: All Ships and Stations (less Marine Corps field addressees not having Navy personnel attached)

Subj: GENERAL MILITARY TRAINING (GMT) AND NAVY MILITARY TRAINING (NMT)

Ref: (a) CNETINST 1540.20

(b) OPNAVINST 3120.32C

- 1. <u>Purpose</u>. To issue GMT and NMT policies and procedures for all Navy personnel. This instruction is a complete revision and should be read in its entirety.
- 2. Cancellation. OPNAVINST 1500.22D.
- 3. Applicability. The requirements for periodic all hands GMT and NMT of enlisted personnel in their first year of service are established in this instruction. "All hands" means all personnel wearing a Navy uniform.

4. Definitions

- a. <u>GMT</u>. Non-occupational general training required periodically for all Navy personnel and taught at the command level. Required Navy-wide GMT topics and lesson plans are provided each fiscal year.
- b. $\underline{\text{NMT}}$. Training for enlisted personnel during their first year of service following completion of recruit training. Recruit training initiates the transformation of civilians into Sailors. NMT provides tools to continue the Sailorization process. NMT was formerly known as the Basic Military Training Continuum.

5. Discussion

- a. <u>GMT Overview</u>. GMT is an integral part of the Navy Leadership Training Continuum. This training is an important mechanism for emphasizing leadership responsibilities and core values at all levels for both officer and enlisted personnel.
- b. <u>GMT Objectives</u>. GMT topics are prioritized to inform and motivate Sailors on both personal and professional levels related to their naval careers. Topics are categorized in the areas of Naval Heritage, Personal Growth and Professional Relationships, Risk Management, and Wellness. These areas reinforce professional attitudes and behaviors of all Sailors as successful members of the Navy's combat team.
- c. GMT Curriculum. The Chief of Naval Education and Training (CNET) develops and distributes the Navy-wide GMT curriculum via CD-ROM and the CNET website (www.cnet.navy.mil). This standardization ensures that all annual topics are covered using the same training materials and reduces the training preparation burden at individual commands. The curriculum will be facilitated at each command to personalize and maximize the effectiveness of each lesson as well as build esprit de corps, strengthen command support systems, and minimize personnel problems.
- d. NMT Overview. NMT was initially developed to ensure the continued military training of Sailors during formal schoolhouse training following recruit training. NMT provides instruction in essential military knowledge and skills to help Sailors transition from the highly structured recruit training environment to one of personal accountability and responsibility. All enlisted personnel complete the NMT "core" topics, which include alcohol and drug policies, financial management and professional relationships, during schoolhouse training after Boot Camp. Additional topics are completed during formal schools when course length permits. Reference (a) provides details on the NMT program.
- e. <u>NMT Objectives</u>. NMT consists of a formal curriculum, leadership, and military environment that reinforces the process of internalizing military standards and physical conditioning introduced during recruit training. The objective is to build a strong foundation of basic military skills and prepare Sailors to function as a member of the Navy team.

f. NMT Curriculum. NMT curriculum is developed by CNET and distributed via the CNET website (www.cnet.navy.mil). This reduces the training preparation burden at individual commands. Commands outside NAVEDTRACOM are authorized to modify NMT topics and materials to suit local requirements.

6. Policies

a. $\underline{\mathsf{GMT}}$. CNO N7 will determine, validate and disseminate annual Navy-wide GMT requirements in consultation with commands specified in paragraph 7.c.(1) of this instruction. The number of topics and their titles may vary, but the Navy-wide GMT curriculum will be limited to 12 total hours per year. Fleet and Type Commanders may issue their own organizational training requirements based on the needs of their platforms and personnel. COMNAVRESFOR will adhere to the same training requirements as its active duty counterparts.

b. NMT

- (1) NMT will be provided to all enlisted Sailors attending formal schoolhouse courses during their first year of service following recruit training. Commands within NAVEDTRACOM will provide each Sailor with a page 13 service record entry indicating the NMT subjects they have completed.
- (2) The NMT training materials are a readily available resource that commands outside NAVEDTRACOM can tailor to their own situations, complementing internal leadership and counseling to round out their Sailor's military training during the critical first year of service.
- (3) The Navy Training Requirements Review (NTRR) process will determine and validate NMT requirements.

7. Responsibilities

a. CNO (N7)

- (1) Act as resource, assessment, and program sponsor for GMT. CNO (N7) has the authority, within the scope of this instruction, to issue additional policy or technical guidance to achieve the objectives of this instruction.
- (2) Approve recommendations for inclusion and/or deletion from GMT.

- (3) Convene NMT NTRRs.
- (4) Approve recommendations from the NTRR process for inclusion and/or deletion from NMT.

b. CNET

- (1) Act as training agent for GMT and NMT, managing and providing curricula for the GMT and NMT programs.
- (2) Manage the procurement, development, and distribution of GMT and NMT materials.
- (3) Develop and implement the evaluation of training effectiveness and report findings to CNO (N7).
- (4) Provide input to the NTRR process from commands and activities.
- (5) Publish the exclusive and comprehensive listing of required GMT and NMT topics.

c. Review of Curricula

- (1) The CNET proposed GMT topics will be forwarded for review and comment to representatives from CNO; Commander, Navy Personnel Command (COMNAVPERSCOM); Chief, Bureau of Medicine and Surgery (BUMED); Chief of Chaplains of the Navy/Director of Religious Ministries (CNO (N097)); Commander, Naval Safety Center (COMNAVSAFECEN); Commander, Naval Reserve Forces (COMNAVRESFOR); Commander in Chief, U.S. Naval Forces, Europe (CINCUSNAVEUR); Commander in Chief, U.S. Atlantic Fleet (CINCLANTFLT); and Commander in Chief, U.S. Pacific Fleet (CINCPACFLT). N7 will resolve conflicting recommendations and requirements.
- (2) The NMT NTRR Executive Committee will be comprised of representatives from CNO, COMNAVPERSCOM, BUMED, Chief of Chaplains of the Navy/Director of Religious Ministries (CNO (N097)), COMNAVSAFECEN, CINCUSNAVEUR, CINCLANTFLT, CINCPACFLT, various "A" and "C" schools, and CNET.

d. Commands, Activities, and Units

(1) Organize and conduct GMT for all hands according to the Unit Training Plan per Chapter 8, reference (b). Paragraph 803 provides direction on unit level training programs.

- (2) Continue the Sailorization process for all Sailors during their first year of service following recruit training.
- (3) Recommend revision of GMT and NMT materials and procedures to CNET.

J. W. CRAINE, JR. Vice Admiral, U.S. Navy Director of Naval Training

Distribution: SNDL Parts 1 and 2